

The CLIP Parent Steering Committee Welcomes You!

If you are reading this letter, you are likely experiencing a swirl of emotions—from grief to relief. The week of admission and the journey of supporting your child, receiving treatment at a CLIP facility, can be overwhelming. In knowing this, it's important to us, as the CLIP Parent Steering Committee, to reach out and let you know that we are here and, most importantly, that you are not alone.

The CLIP Parent Steering Committee (CPSC) is made up of CLIP administrators, current and former CLIP parent advocates, and parents who have gone through their own CLIP journey. With that, this letter is *from parents to parents / caregivers*. Recognizing that this experience, and all that has led you to this moment, may have left you feeling alone, exhausted, and confused—we want to provide you with ***encouragement, information. . . and hope.***

Wherever you are in the process, we recognize that this is an incredibly hard job. Parenting children with emotional / behavioral health needs is complex and can feel isolating as well as defeating. Many parents who have walked this road report that connecting with other parents who “get it” can provide a sense of comfort and relationship through positive parent support.

As you go through the CLIP experience as a family, we want you to know there are resources and supports in place for you; 1:1 parent support, meeting support, trainings, support groups, and opportunities to connect and network with others on a similar journey. Please note, there may also be other resources available that are specific to the CLIP facility your child is at / will be at.

We hope this letter brings a sense of connection and renewed hope. There is a community here to come alongside you during your CLIP journey, and beyond discharge, and the CLIP Parent Steering Committee is simply one part of this community. . . *your* community.

We hope to connect further with you at one of our CLIP Parent Steering Committee Trainings or at one of the CLIP Connects Us Support Group. If you'd like more information, please email Jasmine Martinez, CLIP Family Liaison, at CLIPadm206@gmail.com.

Holding Hope,
CLIP Parent Steering Committee