

You Matter Helping Your Child



A Guide For Caregivers

When a child or teen goes into long-term behavioral health treatment, family still matters a lot. Your love, support, and time can help your child grow and succeed. You are not alone. We are here to work with you.

YOU ARE IMPORTANT



Your support helps your child feel hopeful



Learn ways to handle feelings & work on treatment goals



Your involvement helps your child come home stronger

When you are part of the team, your child has a better chance to make progress. This is teamwork, and you are an important part of it.

HOW YOU CAN HELP

- **Stay involved:** Join family treatment team meetings and family therapy.
- **Learn together:** Take part in classes and groups that help you prepare for your child to come home.
- **Share what you know:** tell the team about your child's strengths, needs, and what makes them special.
- **Practice new skills:** Use home visits to practice new skills, routines, and rules.
- **Keep routines steady:** Follow the care plan at home to help your child feel safe and supported.

How We Can Help You



We will keep you updated on your child's progress.



We will treat you with respect. You know your child best.



We will give you tools and support for your family.



We will work with you to help your child come home and keep moving forward.



We will respect your culture, values and beliefs.

FINAL THOUGHTS...

You are not just helpful. You are essential.
Your care and time help your child heal and grow.
By staying involved, you are doing something very important.

Together we can help your child build a brighter future.

<https://clipadministration.org>